

MIAC announces Fall 2010 Academic All-Conference honorees

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ST. PAUL, Minn. — The Minnesota Intercollegiate Athletic Conference (MIAC) announced its Fall 2010 Academic All-Conference honorees today, Tuesday, March 1, 2011. The MIAC recognized 305 student-athletes who represented the conference's thirteen institutions. The total of 305 matches the MIAC's fall record, after also honoring 305 students in 2009. Student-athletes must be a sophomore, junior, or senior with a minimum cumulative GPA of 3.5 on a 4.0 scale to qualify for MIAC Academic All-Conference recognition.



Athletically, student-athletes in football, soccer, and volleyball must compete in 50 percent of their team's varsity regular season contests. Golfers must be a member of their competing team at the conference championship and cross country runners must finish in the top 50 at the conference championship or be in the top seven of their team at the MIAC Championships.

Men's Cross Country (25)

Augsburg – Daniel Gerber (Jr., Plymouth, Minn.)
Augsburg – Matt Schafer (So., New Brighton, Minn.)
Carleton – Aaron Hirsh (So., Shaker Heights, Ohio)
Carleton – Colin Sinclair (Sr., Madison, Wis.)
Concordia – Paul Lillehaugen (Sr., Moorhead, Minn.)
Concordia – Brad McConn (So., Fargo, N.D.)
Concordia – Tom Sederquist (Sr., Moorhead, Minn.)
Gustavus – Preston Tomlinson (So., New Prague, Minn.)
Hamline – Ian Campbell (Sr., Blooming Prairie, Minn.)
Macalester – Jon Bassen (Sr., Shorewood, Wis.)
Macalester – Dale Dybvig (Sr., Osceola, Wis.)
Saint John's – Grant Cook (Jr., Duluth, Minn.)
Saint John's – David Forster (Sr., Minnetonka, Minn.)
Saint John's – Joe Gair (Jr., Coon Rapids, Minn.)
Saint Mary's – David Feather (Jr., Milwaukee, Wis.)
Saint Mary's – Peter Borash (So., Royalton, Minn.)
Saint Mary's – Jake Traxler (So., LeCenter, Minn.)
Saint Mary's – Robby McGuire (Jr., Rochester, Minn.)
St. Olaf – Pat Boland (Sr., Chesterfield, Mo.)
St. Olaf – Jonathan Lambert (Jr., Plymouth, Minn.)
St. Olaf – Tim Lillehaugen (Sr., Moorhead, Minn.)
St. Olaf – Anders Nienstaedt (Sr., Iron Mountain, Mich.)
St. Olaf – Matt Perkovich (Sr., Green Bay, Wis.)
St. Thomas – Tyler Iverson (Jr., Moorhead, Minn.)
St. Thomas – Ben Sathre (Jr., Chaska, Minn.)

Women's Cross Country (43)

Augsburg – Kacie Bahr (Jr., Brainerd, Minn.)
Augsburg – Adrienne Young (So., Minneapolis, Minn.)
Bethel – Carissa Bodette (So., Lakeville, Minn.)
Bethel – Kristin Mork (Sr., Northfield, Minn.)
Bethel – Alex Potter (Sr., Windom, Minn.)
Bethel – Laura Zwilling (Sr., Roseville, Minn.)
Carleton – Simone Childs-Walker (Jr., Seattle, Wash.)
Carleton – Taylor Ffitch (Jr., Portland, Ore.)
Concordia – Hailey Brenden (Sr., Rothsay, Minn.)
Concordia – Kristy Singlestad (Sr., Waseca, Minn.)
Gustavus – Danielle Burgmeier (Jr., Plymouth, Minn.)
Gustavus – Kate Eggers (So., Montevideo, Minn.)
Gustavus – Elizabeth Hauer (So., Little Falls, Minn.)
Gustavus – Laura Secor (Sr., Stillwater, Minn.)
Hamline – Carolyne Bocovich (Jr., Andover, Minn.)
Hamline – Amber Hoban (Sr., Mendota Heights, Minn.)
Hamline – Lauren Howe (Sr., Siren, Wis.)
Hamline – Jessica Kociscek (Sr., Ramsey, Minn.)
Macalester – Tess Carley (So., Cumberland, Maine)
Macalester – Anna French (So., Omaha, Neb.)
Macalester – Eliza Leahy (Jr., Needham, Mass.)
Macalester – Libby Tollefson (Sr., Billings, Mont.)
Saint Benedict – Kaycee Knutson (Jr., Esko, Minn.)
Saint Benedict – Katie Schwarz (Sr., Mahtomedi, Minn.)
Saint Benedict – Katy Torchia (Sr., Rochester, Minn.)
Saint Benedict – Megan Smith (So., Lakeville, Minn.)
St. Catherine – Tamar Billiet (Jr., Hutchinson, Minn.)

St. Catherine – Renee Crepeau (So., Elk River, Minn.)
St. Catherine – Emily Eastman (Jr., Plymouth, Minn.)
St. Catherine – Emily Seidl (Sr., Hanska, Minn.)
Saint Mary's – Regina Quandt (Jr., Minneapolis, Minn.)
Saint Mary's – Mackenzie Ferguson (Sr., Arcadia, Wis.)
Saint Mary's – Brittany Kuehn (Sr., Sauk Rapids, Minn.)
Saint Mary's – Joanna Pace (Sr., Minocqua, Wis.)
Saint Mary's – Elizabeth Scott (So., Rochester, Minn.)
St. Olaf – Rebecca Bevans (Sr., Waverly, Neb.)
St. Olaf – Lauren Carlson (Sr., Victoria, Minn.)
St. Olaf – Rachel Dean (Sr., Fort Collins, Colo.)
St. Olaf – Emma Lee (Sr., St. Paul, Minn.)
St. Olaf – Christine Muller (Sr., Shoreview, Minn.)
St. Olaf – Sophie Pietrik (Sr., Minnetonka, Minn.)
St. Thomas – Nikki Schminski (Jr., Hermantown, Minn.)
St. Thomas – Christine Skopce (Sr., Iowa City, Iowa)

Football (59)

Augsburg – Marcus Brumm (Jr., Lakeville, Minn.)
Augsburg – Jack Christopherson (Sr., Maple Grove, Minn.)
Augsburg – Eric Dooley (So., Eagan, Minn.)
Augsburg – Adam Mead (Sr., St. Francis, Minn.)
Augsburg – Chris Osborn (So., Eagan, Minn.)
Augsburg – Tony Rickoff (Jr., Winona, Minn.)
Augsburg – Brian Rud (So., Lonsdale, Minn.)
Augsburg – Bryce Vee (So., Coon Rapids, Minn.)
Bethel – Josh Aakre (Jr., Dawson, Minn.)
Bethel – Ethan Anderson (Jr., Mapleton, Minn.)
Bethel – Andrew Johnson (Sr., Maple Grove, Minn.)
Bethel – Carson King (So., Wayzata, Minn.)
Bethel – Mitch Peterson (So., Stillwater, Minn.)
Bethel – Trent Pearson (Sr., Shakopee, Minn.)
Bethel – Ross Petterson (Sr., Maple Grove, Minn.)
Bethel – Kyle Ulstad (So., Fargo, N.D.)
Bethel – David Vavra (So., Cambridge, Minn.)
Carleton – Dylan Gessner (Jr., Briarcliff Manor, N.Y.)
Carleton – Jonathan Lien (Jr., Lindstrom, Minn.)
Carleton – Tanner Martin (Jr., Tempe, Ariz.)
Carleton – David Miller (So., Dayton, Ohio)
Carleton – William Taylor (Sr., Missoula, Mont.)
Carleton – Maxwell Timm (So., Shakopee, Minn.)
Concordia – Justin Hanson (Sr., Spicer, Minn.)
Concordia – Matt Moenkedick (So., Verndale, Minn.)
Concordia – Guy Rudolph (Sr., Trimont, Minn.)
Concordia – Zach Weller (Sr., Brooten, Minn.)
Gustavus – Logan Becker (Jr., Easton, Minn.)
Gustavus – Brian Grundmeyer (So., Inver Grove Heights, Minn.)
Gustavus – Brad Kruckeberg (Jr., Ellendale, Minn.)
Gustavus – Gavin Maurer (So., Morgan, Minn.)
Gustavus – Paul Stommies (Sr., Richmond, Minn.)
Gustavus – Darin Wagner (Jr., Hayfield, Minn.)
Hamline – John Gross (Sr., Plymouth, Minn.)
Saint John's – Joe Boyle (Sr., Richfield, Minn.)
Saint John's – Jeff Gilbertson (Sr., Wabasha, Minn.)
Saint John's – Lukas Inveiss (Jr., Sartell, Minn.)
Saint John's – Brian Jennissen (Sr., Lindstrom, Minn.)
Saint John's – Mark Kuhl (Jr., Dubuque, Iowa)
Saint John's – Bryan Virnig (Sr., Pierz, Minn.)
St. Olaf – Calvin Boss (Sr., Grand Rapids, Minn.)
St. Olaf – Leon Clark (Sr., Rochester, Minn.)
St. Olaf – Shea Corrigan (Sr., Hutchinson, Minn.)
St. Olaf – Kevin Foss (Sr., Woodbury, Minn.)
St. Olaf – Andrew Penz (Jr., Rochester, Minn.)
St. Olaf – Ethan Smith (Sr., St. Louis Park, Minn.)
St. Thomas – Tim Albright (So., Urbandale, Iowa)
St. Thomas – Kyle Boughner (Jr., Ramsey, Minn.)
St. Thomas – Dan Chapman (Jr., Urbandale, Iowa)
St. Thomas – Tyler Erstad (So., Lakeville, Minn.)
St. Thomas – Matt Evans (Sr., Avon, Minn.)
St. Thomas – Nick Gleisner (Jr., Chandler, Ariz.)
St. Thomas – Ricky Margarit (Jr., Bloomington, Minn.)

St. Thomas – Kyle Mulrooney (So., Andover, Minn.)
St. Thomas – Jon Nelson (So., LaGrange, Ill.)
St. Thomas – Kyle Reynertson (Jr., Wheaton, Ill.)
St. Thomas – Zach Sturm (Sr., Springfield, Minn.)
St. Thomas – Fritz Waldvogel (Jr., Mendota Heights, Minn.)
St. Thomas – Ben Wartman (Sr., Prior Lake, Minn.)

Men's Golf (9)

Augsburg – Joel Kociemba (Sr., Andover, Minn.)
Bethel – Luke Magnuson (So., Blaine, Minn.)
Bethel – Toby Robinson (Jr., Mankato, Minn.)
Gustavus – Alex Pederson (Jr., Kiester, Minn.)
Macalester – Matt Caminiti (So., Mendham, N.J.)
Macalester – Ben Langworthy (Sr., Tucson, Ariz.)
St. Olaf – Chris Conklin (Jr., Eden Prairie, Minn.)
St. Olaf – Ryan Lubinsky (Sr., Eau Claire, Wis.)
St. Thomas – Michael Mortenson (So., Iola, Wis.)

Women's Golf (17)

Augsburg – Johanna Frykmark (Sr., Taby, Sweden)
Augsburg – Stefani Zappa (Sr., Minneapolis, Minn.)
Bethel – Erika Anderson (Fr., Hutchinson, Minn.)*
Bethel – Paige Lemieux (Jr., Fargo, N.D.)
Carleton – Laura Knutson (Sr., Edina, Minn.)
Concordia – Laura Ayers (So., Cottage Grove, Minn.)
Gustavus – Kayleigh Dittes (So., Eden Prairie, Minn.)
Gustavus – Taylor Drenttel (Jr., Eagan, Minn.)
Gustavus – Ann Jackson (Jr., Fargo, N.D.)
Gustavus – Katie Schenfeld (Sr., Indianola, Iowa)
Macalester – Caitlin Opperman (Jr., Denver, Colo.)
Saint Benedict – Kathryn Hauff (Jr., Fargo, N.D.)
Saint Mary's – Gia Puch (Sr., Des Plaines, Ill.)
Saint Mary's – Lauren Ulbrich (Sr., Rochester, Minn.)
St. Olaf – Elizabeth Geisendorfer-Lindgren (Sr., Maple Grove, Minn.)
St. Olaf – Vanessa Kleckner (Sr., New Brighton, Minn.)
St. Olaf – Rachel Wieme (Sr., Sartell, Minn.)

**Freshman athletic eligibility with sophomore academic standing*

Men's Soccer (41)

Augsburg – Chad Gilmer (So., Bloomington, Minn.)
Augsburg – Tyler Heaps (So., St. Paul, Minn.)
Augsburg – Josh Sweeney (So., Bloomington, Minn.)
Bethel – Brady Anderson (Jr., Andover, Minn.)
Bethel – Christopher Dirks (Sr., Excelsior, Minn.)
Bethel – Brendan Harper (Sr., Blaine, Minn.)
Bethel – Brent Niehart (Jr., Prairie Village, Kan.)
Bethel – Nathan Manthey (Jr., Rochester, Minn.)
Bethel – David Kim (So., Blaine, Minn.)
Bethel – Brandon Peplinski (Sr., Maple Grove, Minn.)
Bethel – David Swenson (Sr., Ham Lake, Minn.)
Carleton – Ryan Cammarota (So., Neenah, Wis.)
Carleton – Peter Semmer (Sr., Del Mar, Calif.)
Concordia – Andrew Glogoza (Jr., Fargo, N.D.)
Concordia – Riley McGlynn (Jr., Hampstead, N.C.)
Concordia – Marco Riboli (Sr., Bergamo, Italy)
Concordia – Patrick Rundlett (Jr., Bozeman, Mont.)
Gustavus – Benjamin Ceder (Jr., Oregon, Wis.)
Gustavus – Ben Ikeda (Sr., Maple Grove, Minn.)
Gustavus – Steve Lundberg (Sr., Apple Valley, Minn.)
Gustavus – Evan Odean (So., Duluth, Minn.)
Hamline – Zach Nelson (Jr., Eagan, Minn.)
Macalester – Jeremy Carp (Jr., Portland, Ore.)
Macalester – Jesse Geary (Jr., Duluth, Minn.)
Macalester – Andrew Lund (Jr., Madison, Wis.)
Macalester – Ryan Marshall (Jr., Plymouth, Minn.)
Macalester – Mark Mullaney (Sr., Plymouth, Minn.)
Macalester – Taylor Rasmussen (So., Eagan, Minn.)
Saint John's – Ryan Fuchs (So., St. Michael, Minn.)
Saint John's – Colin Hall (Sr., Maple Grove, Minn.)
Saint John's – Andrew Johnson (So., St. Louis Park, Minn.)

Saint John's – Bobby Schmidt (Sr., Mendota Heights, Minn.)
St. Olaf – Logan Rathjen (Jr., Waupaca, Wis.)
St. Olaf – Jeff Stamp (Jr., Casper, Wyo.)
St. Olaf – Thomas Van Wylen (Jr., Northfield, Minn.)
St. Olaf – John Zietlow (Jr., Rochester, Minn.)
St. Thomas – Elliot Amundson (Sr., Minneapolis, Minn.)
St. Thomas – Alex Benson (Sr., Grand Forks, Minn.)
St. Thomas – James Hart (Sr., South St. Paul, Minn.)
St. Thomas – Ian Ibach (So., Sioux Falls, S.D.)
St. Thomas – Colten Llewellyn (Jr., Waukeet, Iowa)

Women's Soccer (77)

Augsburg – Bri Dorale (So., Ramsey, Minn.)
Augsburg – Lacey Hoover (Sr., Duluth, Minn.)
Augsburg – Katie Jacobson (Jr., St. Cloud, Minn.)
Augsburg – Lindsey Niederhaus (Jr., Ramsey, Minn.)
Augsburg – Kelsey Sorensen (So., Eden Prairie, Minn.)
Augsburg – Lisa Weniger (Sr., Eagan, Minn.)
Bethel – Lydia Bergeson (So., Mauston, Wis.)
Bethel – Katie Hayden (So., Duluth, Minn.)
Bethel – Leah Hardie (Jr., Ankeny, Iowa)
Bethel – Molly Hazen (So., Chaska, Minn.)
Bethel – Kelsey Holmberg (So., Cambridge, Minn.)
Bethel – Jami Johnson (Sr., Fergus Falls, Minn.)
Bethel – Molly Miller (So., Denver, Colo.)
Carleton – Linnea Carlson (Jr., Evanston, Ill.)
Carleton – Sarah Ferrari (So., Germantown, Md.)
Carleton – Rachel Foran (Jr., River Forest, Ill.)
Carleton – Sarah Hagerty (So., Boulder, Colo.)
Carleton – Karlie Haug (So., Rapid City, S.D.)
Carleton – Megan Milligan (Sr., Las Cruces, N.M.)
Carleton – Lillian VanderStaay (Jr., Bellingham, Wash.)
Carleton – Abigail Wills (Jr., Portland, Ore.)
Carleton – Megan Morrison (So., Acton, Mass.)
Concordia – Abby Habein (Sr., Billings, Mont.)
Concordia – Sam Johnson (Sr., Fargo, N.D.)
Concordia – Sara Parsons (So., Baxter, Minn.)
Concordia – Ruth Ranum (Sr., Circle Pines, Minn.)
Concordia – Sarah Rounds (So., Plymouth, Minn.)
Concordia – Erika Swenson (Sr., Fargo, N.D.)
Concordia – Alexa Westbee (Sr., Bismarck, N.D.)
Gustavus – Chelsea Bayer (Sr., Rogers, Minn.)
Gustavus – Nicole Carlson (So., Plymouth, Minn.)
Gustavus – Nicole Kwapick (Sr., White Bear Lake, Minn.)
Gustavus – Karen Maus (Sr., Rogers, Minn.)
Gustavus – Meghan Faricy (Sr., Rosemount, Minn.)
Hamline – Liz Stock (Jr., Savage, Minn.)
Macalester – Emily Bardwell (Sr., Denver, Colo.)
Macalester – Hannah Boston (So., Mill Valley, Calif.)
Macalester – Jordan Eckstein (Sr., Northampton, Mass.)
Macalester – Rosie Glenn-Finer (So., San Francisco, Calif.)
Macalester – Rose Holdorf (Sr., Corvallis, Ore.)
Macalester – Emily Humphreys (So., Eau Claire, Wis.)
Macalester – Matea Wasend (Jr., Denver, Colo.)
Saint Benedict – Heather Beshears (Jr., Maple Grove, Minn.)
Saint Benedict – Jennifer Brattensborg (So., Eden Prairie, Minn.)
Saint Benedict – Hannah Frost (So., Mahtomedi, Minn.)
Saint Benedict – Stephanie Gibbs (Jr., Plymouth, Minn.)
Saint Benedict – Natalia Kruse (So., Shoreview, Minn.)
Saint Benedict – Charissa Perzel (Jr., Blaine, Minn.)
Saint Benedict – Melissa Shelendich (So., Shoreview, Minn.)
Saint Benedict – Olivia Wee (Jr., Savage, Minn.)
Saint Benedict – Lindsey Wilson (So., Red Wing, Minn.)
Saint Benedict – Ann Rogosheske (So., St. Cloud, Minn.)
St. Catherine – Katie Eckman (Sr., Coon Rapids, Minn.)
St. Catherine – Kayla Engel (Sr., Lakeville, Minn.)
St. Catherine – Kim Engel (Sr., Lakeville, Minn.)
St. Catherine – Chelsea Jones-Thomas (Jr., Kenyon, Minn.)
St. Catherine – Lisa Lund (Sr., Bloomington, Minn.)
St. Catherine – Gabrielle McGurran-Hanson (So., Minneapolis, Minn.)
St. Catherine – Kelsey Nistler (Sr., Champlin, Minn.)

St. Catherine – Liesl Wolf (So., Minnetonka, Minn.)
Saint Mary's – Cassandra Hulett (Jr., Milwaukee, Wis.)
Saint Mary's – Amanda Rahman (Jr., Rochester, Minn.)
Saint Mary's – Kelsey Schneider (Jr., Portland, Ore.)
Saint Mary's – Amy Sibik (Sr., Onalaska, Wis.)
St. Olaf – Caitlin Christoffel (Sr., Woodbury, Minn.)
St. Olaf – Allyson Connor (Sr., Oregon, Wis.)
St. Olaf – Christina Herron-Sweet (Sr., San Diego, Calif.)
St. Olaf – Lindsay Howard (Sr., Minnetonka, Minn.)
St. Olaf – Elizabeth Huggins (Jr., Eau Claire, Wis.)
St. Olaf – Callie Knaeble (Sr., Eden Prairie, Minn.)
St. Olaf – Rebecca Neuger (Jr., Northfield, Minn.)
St. Olaf – Elizabeth Steiner (Sr., West Bend, Wis.)
St. Thomas – Allie Byron (Jr., Woodbury, Minn.)
St. Thomas – Brittany Cochlin (So., Owatonna, Minn.)
St. Thomas – Hanna Gikling (Sr., St. Paul, Minn.)
St. Thomas – Tess Hanson (Jr., Rochester, Minn.)
St. Thomas – Anna Strehlow (So., Mequon, Wis.)

Volleyball (34)

Augsburg – Jessica Hilk (Sr., Waconia, Minn.)
Bethel – Catie Helle (So., Onamia, Minn.)
Bethel – Betsy Naatjes (Sr., Sioux Falls, S.D.)
Bethel – Kate Smith (Jr., Arden Hills, Minn.)
Bethel – Valerie Smith (So., Alexandria, Minn.)
Bethel – Hannah Parks (Sr., Plymouth, Minn.)
Bethel – Amy Werner (So., Three Lakes, Wis.)
Bethel – Nicole Wriedt (Jr., Pewaukee, Wis.)
Carleton – Erin Anderson (Jr., Bloomington, Minn.)
Carleton – Elizabeth Jarrett (Sr., Mounds View, Minn.)
Carleton – Kelly Lovett (Sr., Portland, Ore.)
Carleton – Kyla Walter (Sr., Aspen, Colo.)
Concordia – Danielle Loomis (So., Willmar, Minn.)
Gustavus – Jenny Ewert (Sr., St. James, Minn.)
Hamline – Anna Murie (Sr., Grand Forks, N.D.)
Macalester – Glasha Marcon (So., Richmond, Calif.)
Macalester – Taylor Tinkham (Jr., St. Louis Park, Minn.)
Macalester – Anna Trier (So., Sun Prairie, Wis.)
Saint Bedit – Calleigh Brown (Sr., Buffalo, Minn.)
Saint Benedict – Farrah Wirtz (So., Esko, Minn.)
Saint Benedict – Amber Wortz (Sr., Fairfax, Minn.)
St. Catherine – Stephanie Meschke (So., Faribault, Minn.)
St. Catherine – Nicole Neumann (Sr., Le Sueur, Minn.)
St. Catherine – Marie O'Neil – (So., St. Michael, Minn.)
St. Catherine – Racquel Reker (Sr., Mantorville, Minn.)
St. Catherine – Kayla Sis (Jr., St. Cloud, Minn.)
Saint Mary's – Sara Harstad (Sr., Chatfield, Minn.)
Saint Mary's – Amy Kujak (Jr., River Falls, Wis.)
Saint Mary's – Erika Hurley (Jr., Chatfield, Minn.)
Saint Mary's – Lindsey Legatt (Sr., Sartell, Minn.)
Saint Mary's – Cathy Rennie (So., Pine Island, Minn.)
St. Olaf – Kristin Boyum (Sr., Wanamingo, Minn.)
St. Thomas – Kia Johnson (So., St. Paul, Minn.)
St. Thomas – Lindsay Simmons (Sr., Eden Prairie, Minn.)